

Year 7 PSHE programme Overview 2020-21

Year7	Autumn Term 1st half (6 Sessions)	2nd Half (8 sessions)	Spring 1st half term (6 sessions)	Spring 2nd half term (6 sessions)	Summer Term 1st half (5 weeks)	Summer 2nd half term (7 weeks)
Unit	Friendship	Health for Learning	Be The Best You Can Be	Prejudice and Discrimination	Peer Pressure	Bullying & Banter
Week 1	Lesson 1: Activity 1 - Maintaining genuine friendships and avoiding toxic ones.	Go through all lessons in the booklet	Go through all lessons and themes in the booklet	Lesson 1: Activity 1: Prejudice and Discrimination: Racism and stereotyping	Lesson 1: Activity 1: Peer pressure– why is it so powerful and how can we overcome it?	Lesson 1: Activity 1 - Bullying or banter
Week 2	Lesson 2 & 3: Begin Activity 2 - Toxic friendship Watch the video and answer the questions.			Lesson 2: Activity 2 - Key Words – Definitions – Racism and Stereotyping	Lesson 2: Activity 2: Peer pressure – why is it so powerful and how can we overcome it?	Lesson 2: Activity 2 - Bullying or banter – what is and what isn't acceptable?
Week 3	Lesson 2 & 3: Complete Activity 2 - Toxic friendship Watch the video and answer the questions.			Lesson 3: Activity 3 – Stereotyping Watch the video and complete activity	Lesson 3 & 4: Activity 3: Peer Pressure – Video Clip Part A: Watch upto 12mins and 18 secs and answer questions	Lesson 3: Activity 3 – Jokes Watch the clip and answer the questions
Week 4	Lesson 4: Activity 3 - What happened to Carly?			Lesson 4 & 5: Activity 4 - Now back to racism – why is racism ridiculous? Read article and answer questions	Lesson 3 & 4: Activity 3: Peer Pressure Peer Pressure – Video Clip Part B: Watch from 12:18 until the end and answer questions	Lesson 4: Activity 4 – Examine Case Studies
Week 5	Lesson 5: Activity 4 - Developing Genuine Friendships			Lesson 4 & 5: Activity 4 - Now back to racism – why is racism ridiculous?	Lesson 5: Activity 4: Resisting Peer Pressure	Lesson 5: Activity 5 – Should banter be banned?

				Read article and answer questions		
Week 6	Discuss what pupils have learnt from the unit of work and Complete Evaluation Form			Discuss what pupils have learnt from the unit of work and Complete Evaluation Form	Discuss what pupils have learnt from the unit of work and Complete Evaluation Form	Discuss what pupils have learnt from the unit of work and Complete Evaluation Form

Please Note – Final session for each half term will required for students to complete PSHE questionnaire.

Year 8 PSHE programme Overview 2020 - 21

Year	Autumn Term 1st half (6 Sessions)	2nd Half (8 sessions)	Spring 1st half term (6 sessions)	Spring 2nd half term (6 sessions)	Summer Term 1st half (5 weeks)	Summer 2nd half term (7 weeks)
Unit	Self Awareness 1	Relationship	Drugs	British Values	British Values	Global Citizenship
Week 1	Self Awareness 2	Positive relationships	Drugs – Lesson 1 S 1-11 What are drugs and why do people take drugs?	British Values and tolerance S1-20	Bank holiday Monday	What is global citizenship? Our responsibility to the environment S1-6
Week 2	Self awareness 3	Types of relationship	Drugs - Lesson 2 The effects of drugs S12-29	British Values and tolerance S21-26	Year 8 exam	Our responsibility to the environment S 8
Week 3	Self awareness 4	Changing relationship	Drugs – Lesson 3 How dangerous are drugs and what are the different types? S1-6	British Values and tolerance S27-45	Year 8 exam	Describe the main environmental issues facing the world today Slide 9-10
Week 4	Self Esteem	Relationship Conflict 1	Drugs – Lesson 4 Types and effects S 7-8	British Values and tolerance S46-57	May Bank holiday	The plastic problem S12-15
Week 5	Self esteem	Relationship Conflict 2	Drugs – Vaping Lesson 5 Vaping s1-5	British Values and tolerance S46-57 - continue	Complete British Values lesson / summary sheet	Reducing plastic waste S16-17
Week 6	Self esteem	Summary sheet	Drugs – Vaping – Lesson 6 S6-8	British Values and tolerance S 57-60		Summary sheet
Week 7	Complete summary		Complete summary Drugs	Racism S1-4		
Week 8				Racism 5-8 Extra lessons in system if required		

Please Note – Final session for each half term will required for students to complete PSHE questionnaire.

Year 9 PSHE programme Overview 2020-21

Year9	Autumn Term 1st half (6 Sessions)	2nd Half (8 sessions)	Spring 1st half term (6 sessions)	Spring 2nd half term (6 sessions)	Summer Term 1st half (5 weeks)	Summer 2nd half term (7 weeks)
Unit	Time Management/Mental Health-Stress	Mental Health-Stress/Self Esteem/The Dark Web	Anti-Social Behaviour/Grief	Revision/Social Anxiety	Sex and Relationships	Sex and Relationships cont and Risk Taking/ Tattoos and Piercings.
Week 1	Introduction to year 9- Expectations and standards	Present your posters to the class (focus on presentation skills, voice projection, body language etc.)(tutor select around 7-10 to do this)	Anti-Social behaviour Slides 1-4	Active Revision in PSHE	Contraception Slide 1-6	Positive Relationships Slides 1-5 (Continue Sex and Relationships booklet) PSHE Questionnaire
Week 2	Time Management Slides 1-3	Self Esteem Slide 1-2	Anti-Social behaviour Slides 4-7	Active Revision in PSHE	STI's Slides 1-7	Sexting Slides 1-6
Week 3	Time Management Slide 4-6	Self Esteem Slide 3-5	Grief Slide 1-3	Active Revision in PSHE	Consent Slides 1-7	Risk Taking Slides 1-6
Week 4	Mental Health Slides 1-8	Self Esteem Slides 6-7	Grief Slides 4-8	Year 9 Exam Week	Cyber Safe Slides 1-9	Risk Taking Slide 4-6
Week 5	Mental Health Design poster to promote positive mental health in a school. Display in tutor room. (individually or on pairs)	Students to come up with a 2 min presentation on 'Self Esteem' to present to the class (groups of 2-4). (focus on presentation skills, voice projection, body language etc.)(tutor select 10 to do this)	PSHE Assembly Gangs + Exploitation	Social Anxiety Slides 1-6	Pornography Slides 1-6	Tattoos and Piercings Slides 1-6
Week 6	PSHE Questionnaire	The Dark Web Slides 1-3	PSHE Questionnaire	PSHE Questionnaire		Goal setting for following year: Academic/Family/Sporting
Week 7		The Dark Web Slides 4-6				PSHE Questionnaire
Week 8		PSHE Questionnaire				

Please Note – Final session for each half term will required for students to complete PSHE questionnaire.

Year 10 PSHE programme Overview 2020-21

Year10	Autumn Term 1 st half (6 Sessions)	2 nd Half (8 sessions)	Spring 1 st half term (6 sessions)	Spring 2 nd half term (6 sessions)	Summer Term 1 st half (5 weeks)	Summer 2 nd half term (7 weeks)
Unit	Crime	Getting ready for work experience	Work & enterprise skills	Drug & alcohol abuse	Planning for revision	Refugee
Week 1	Inset	To explore what is a C.V.	To correctly identify some basic Dos and Don'ts for your work experience placement.	To identify correctly the penalties and fines for Class A, B and C drugs in the UK.	Bank Holiday	Exam
Week 2	To investigate faith and hate crime and explain how young people can respond to it.	To reflect on the skills and experiences we possess.	To explain why it is important to use common sense, not make assumptions and always be professional on work experience placements.	To describe the short and long term risks of illegal drug use.	To identify subjects that I am weak or strong at.	Exam
Week 3	To investigate faith and hate crime and explain how young people can respond to it.	To investigate what makes a good personal statement.	To describe the different ways enterprise skills can be put to use in different work environments.	To investigate how drug is abused in sports.	Bank Holiday	Exam
Week 4	To explore issues surrounding homophobia.	Computer rooms to be booked. Student to complete: - C.V. - Personal Statement - Search for possible work experience placement	To explain why particular skills are useful in certain work place environments and how you could develop your enterprise skills in future.	To research the dangers of alcohol abuse.	To demonstrate effectively the ability to create a mind-map.	To explore why people become refugees.
Week 5	To understand what religion teach about prejudice and discrimination.	See above	Work experience	To evaluate this term PSHE Programme. To gain an insight into drugs not covered through watching 'The A-Z of Drugs	To create an effective revision timetable to use during half-term holiday.	Refugee documentary.
Week 6	To create posters to promote equality.	See above	Work experience			Refugee documentary.
Week 7		See above				
Week 8		See above				

Please Note – Final session for each half term will required for students to complete PSHE questionnaire.

Year 11 PSHE programme Overview 2020-21

Year11	Autumn Term 1 st half (6 Sessions)	2 nd Half (8 sessions)	Spring 1 st half term (6 sessions)	Spring 2 nd half term (6 sessions)	Summer Term 1 st half (5 weeks)	Summer 2 nd half term (7 weeks)
Unit	VESPA	VESPA / Post 16	Mental Health / Money Management	DEBT / Employability	GCSE EXAMS	GCSE EXAMS
Week 1	Twenty Questions Page 8	Revision Questionnaire Page 66	Mental Health and Stress Slide 1 to 4	Debt Slide 1 to 4	GCSE EXAMS	GCSE EXAMS
Week 2	Getting Dreams Done Page 12	The Leitner Box Page 72	Mental Health and Stress Slide 5 to 8	Debt Slide 5	GCSE EXAMS	GCSE EXAMS
Week 3	Recognise your Blockers Page 38	The Vampire Test Page 95	Credit and Debit Slide 1 to 7	Debt Slide 6 to 8	GCSE EXAMS	GCSE EXAMS
Week 4	Snack, Don't Binge Page 52	Uni or College Slide 1- 5	Budgeting Slide 1 - 8	Employability Slide 1 to 3	GCSE EXAMS	GCSE EXAMS
Week 5	Project Progress Chart Page 58	Uni or College Slide 1- 5	Income tax and NI Slide 1 - 6	Employability Slide 4 to 5	GCSE EXAMS	GCSE EXAMS
Week 6	PSHE questionnaire	Write you own college personal statement	PSHE questionnaire	PSHE questionnaire		GCSE EXAMS
Week 7		Write you own college personal statement				GCSE EXAMS
Week 8		PSHE questionnaire				

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